the claw

OCTOBER 2014
ISSUE 1
VOL. 5

True Grit

Get To Know Coach Mike Waldo And His Successful Career

Learn About St. Louis And Its Monumental Places

Gain Some Tips For Your Fall Make-up And Autumn Outfits

Meet the Monster of the Midwest

LETTER FROM THE EDITOR

The beginning of the school year is what you make it. You can either plummet along with your grades, or you can find the key to be successful. The fall is just the starting point to our success. We come across new situations that motivate us, and potentially help us achieve our goals successfully.

First Quarter, though seemingly exciting to freshman yet boring to seniors, is the first-look of how successful you will be throughout the year. If you want it, get it. But starting off on the right foot is crucial. Achieving your goals knowing that you tried your best the whole way is all the more rewarding. That is why, Emily and I chose the theme for the first issue as "True Grit." Choose your goals, be motivated and accomplish them.

Have you met the Midwest Monster? (Pg.6) If you haven't, you better check him out. Sports Editor Zain Pyarali dives deep into the life of AJ Epenesa– a sophomore whose raw talents have proven him successful on the football field. Learn about Epenesa's true grit and take some advice for yourself.

"Gone Girl," starring Ben Affleck and Rosamud Pike, successfully topped the movie charts with its suspenseful and dangerous plot. Read about staff writer Eden Coppersmith's opinon of the movie (pg. 14) and decide if you need to see it for yourself.

Transitioning into fall is the perfect way to change your fashion style. It's out with the high-waisted shorts and sandals and in with the scarves and leather boots. Need advice getting started? Read staff writer Ashlynne Kaliher's piece on Autumn clothes and successfully bring out the fashionista in you (pg. 15).

To match your outfits, use the perfect make-up. Gain some tips from staff writer Maggie Mackin (pg. 12) to create the perfect eyes. From nudes to dark maroons, it's all about the colors coordinating with the Autumn colors. Achieve a Maybelline look.

Some consider Snapchat the first step in getting to know a female friend. But this can end tragically if you don't know all the right moves. The Journalism 2 Bros (Shawn Semmler, Zain Pyarali, Bailey Zimmer, Drew Bradley, Peter Byers and Ryan Zhong) created a male guide to snapchat so you can successfully win the girl of your dreams (pg. 18). Read the editorial and use their advice; they know what they're talking about. Expect great things from these boys as the year continues.

Success is everywhere. You just have to find it in yourself. Take your goals, big and small, and determine yourself to succeed. There's no need to be scared of failure. If you fall down, get back up and work even harder than before. Have true grit.

Cristina Rivera-Bosques
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The ultimate goal of The Claw is reporting Sports, Culture, Life and Views stories to the students and faculty of Edwardsville High School. Journalism and Yearbook students collaborate to produce the stories and pictures; however, stories by students outside of these groups may submit work and be published, if the work is exceptional. The Claw is a student-run publication, and the opinions/views featured in this magazine do not necessarily reflect the views of District 7 or any of the staff it employs.

We appreciate letters to the editor, so long as the topics discussed remain school appropriate. These letters may not be any longer than 200 words, and can be sent to ehsclaweditor@gmail.com, or brought to room A113 before or after school.

We reserve the right to reject any letters for any reason, including inappropriateness, lack of space, etc.

We are not required to give an explanation for rejected letters.

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Marching Tigers Flip The Show Upside Down

Upside down or right side up, Tigers wow the crowd

Photo By: Devin Ka

Drum major Eden Vitoff conducts the marching Tigers during a half time performance of "One Wild Ri

Story by: Devin Kane, Life Editor

FOR THE FOUR snare drummers in the Tigers marching band performance, One Wild Ride, it is, quite literally, one wild ride.

It is easy to say that the snare drummers of the Marching Tigers do not have an ordinary task when it comes to this year's marching show.

With the tough rhythms and complex movements, all eyes and ears focus in on this elite group of four. Then they strap into large wheels only to be lifted and rolled 180 degrees upside down, and they never miss a beat.

> **"The crowd is already screaming before we even hit the impact. It never gets old."**

Senior Alex Lopez, junior Charlee Thompson and sophomores Jackson Hallquist and Kerrington Holland spend 64 counts rotating on specially made wheels.

The drummers took a "baby steps" approach to learn how to play while on the wheels.

"We began with a rhythm of constant eighth notes so we could get used to how gravity affected our sticks and the new listening environment," Thompson said. "Drummers don't typically play that far away from one another."

Through the whole process safety has been the main concern. The snare drummers each have a specific wheel measured precisely for their body. Their feet are strapped down and the harness that they carry their drum with locks into a hook on the wheel that prevents the drummers from falling off. The snare drum is then strapped down using steel cables.

The band directors Marvin Battle and Lawrence Rogers introduced this feature to the band near the end of last school year. "I remember that I couldn't stop smiling. I'm pretty sure my mouth dropped," Thompson said. "I was so excited to roll around the field because I knew the crowd would love it."

And they have wowed every crowd they have performed for including some of the most prestigious panels of judges.

At the Illinois State University marching band competition the Tigers finished third in the class 5A category and also took home the class 5A crowd appeal award. The band made its first ever appearance in finals and placed 9th out 42 bands.

"It's very unique and our band is very talented," junior Emilee Stucker said. "I thought they were just going to stand on the wheels as platforms but then they started rolling and playing and I was really impressed and I think everyone around me was too."

"I can feel it coming," junior drum major Ede Vitoff said of the crowd's reaction. "I can just feel the tension building and building until th drummers are strapped into their wheels and a facing the crowd, and then everyone goes craz It's an incredible feeling."

The drummers spend five measures strapping into the wheels, and then are lifted to face the crowd.

"It has to be one of the most exhilarating feeli that I have experienced while playing snare," Thompson said. "That part seems like it happ in slow motion. The crowd is already screami before we even hit the impact. It never gets ol

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Pink Ribbons Tie Down Younger Generations

Increase in breast cancer inspires young ladies to think pink

Story by: Cristina Rivera-Bosques, Co Editor-In-Chief

TWENTY-EIGHT YEARS of effective campaigns and rose-colored ribbons continue to persuade the world to "think pink" and support breast cancer.

Now in its 29th year, Breast Cancer Awareness Month has provided support groups for patients and increased familiarity between the nation and the life-threatening disease. And although oncologists have seen improvements in these things, breast cancer advocates are implementing a stronger focus on something else–young women.

Contrary to the belief that only women 50 or older are diagnosed with breast cancer, recent studies by the Centers for Disease Control and Prevention show that doctors are diagnosing women 45 or younger too. "About 11 percent of all new cases of breast cancer in the United States are found in women younger than 45 years of age," the CDCP reported in an article titled "Breast Cancer in Young Women."

This increase caused promoters to campaign for younger women.

The Young Survival Coalition targets the special issues that young women with breast cancer face. "More than 13,000 young women will be diagnosed this year," the YSC reported. "It is estimated that more than 250, 000 women at age 40 or younger are living in the U.S. today."

Though the percentage of young women who are diagnosed remains small (about 5 percent) the impact of the disease is worse for younger women than older women.

"Breast cancer in younger women is more likely to be fast-growing, higher-grade and hormone receptor-negative," the Susan G. Komen website stated. "Each of these factors makes breast cancer more aggressive and more likely to require chemotherapy."

Being diagnosed with cancer is never timely, but diagnosed women 40 and under especially fall victim to the disease at an inconvenient time. "A breast cancer diagnosis can be especially shocking and challenging for young women; at a time in life most often reserved for family and career, issues of treatment, recovery and survivorship suddenly take top priority," the Susan G. Komen website stated.

All photos courtesy of AP Images

From left to right, top to bottom: People celebrate at the 2013 Susan G. Komen Race for the Cure in Jacksonville, Fla. Breast Cancer advocates plant tuplis in Amy's National Garden of Hope in Wheaton, Md. Racers gather by the balloon arch for the Susan Komen Race for the Cure in 2010 in Hartford, Conn. Breast Cancer supporters walk in the Susan G. Komen while waving pom poms in the air in Hartford, Conn.

Because the cancer can be harder to manage for young women, doctors are pushing for young women to become familiar with the disease now.

Senior Jon Williams agrees with this push. "As a person who has dealt with having a family member battle breast cancer, we should encourage young women to learn about [breast cancer]," Williams said. Williams, whose grandmother passed away from the disease, has a special place in his heart for victims. "If all it takes is to get women to be aware of the disease at an earlier age, we might be able to stop so many cases."

Breast cancer organizations are persuading women to begin checking in their early teens. The National Breast Cancer Foundation created an "Early Detection Plan" for young women to follow on www.nationalbreastcancer.org.

From investigating the signs and symptoms of breast cancer to exploring how to perform a self-exam, the website provides a variety of different ways a young woman can approach the disease. The Early Detection Plan is also an app for on-the-go use.

Researchers also recommend knowing what makes you likely to develop breast cancer. Family history plays an important role in a person's chances of getting the disease.

"Women with close relatives who have been diagnosed with breast cancer have a higher risk of developing breast cancer," the breastcancer.org foundation website stated. If the close relative is a first-degree female such as a mother, your chances are doubled.

Through the idea that breast cancer only occurs in older women continues to spread, that does not stop research from extending the truth: breast cancer is occuring in younger women.

Getting to Know the Midwest Monster

Football is more than a game for Epenesa

Photo by Devin K

Story by: Zain Pyarali, Sports Editor

IT'S A FRIDAY night in late September at Collinsville High School, and sophomore AJ Epenesa lines up at defensive end for the visiting Edwardsville Tigers. As soon as the ball is snapped, he swiftly moves past the left tackle, bulldozes the fullback into the quarterback and uses his monster size to reach over and gobble up the quarterback like turkey on Thanksgiving dinner.

Yep that's Epenesa, the "kid" who sticks out like a grown man in a crowd of toddlers.

For most sophomores playing high school football, it's just a game, but for Epenesa football is a family tradition, likely a free ticket into college and, hopefully, a profession.

Epenesa, the 6-foot-5-inch, 230 pound sophomore, is ranked no. 2 in the nation according to 247sports.com in the class of 2017.

Epenesa has accumulated 13 offers so far from large D1 programs including the defending national champions, Florida State.

"It is an honor to get all of these offers," Epenesa said. "I don't think about it much because I don't play for them, I play for the high school."

The humble Epenesa did acknowledge that his father keeps better tabs on his scouting report than he does himself.

"My dad plays a huge role in my football life," Epenesa said. "He's like a second coach at the house."

Epenesa's father, Eppy Epenesa, played football at University of Iowa. Iowa just so happened to be the first school to give Epenesa an offer.

"I grew up a huge Iowa Hawkeye fan," Epenes said. "You never know what will happen with college decision," he said. "You just have to wa it out and see what happens with the team."

Epenesa has exceptional size and quickness that makes him a nightmare for any offensive lineman. Epenesa gives most of his credit to starting left tackle Nick Kaltmayer.

"Nick is a very big body to move," Epenesa sai "He has very long arms and we always make ea other better."

Kaltmayer gave props to his young defensive e in return.

"It's a great experience facing him in practice every day," Kaltmayer said. "He's one of the b in the nation, so it's great competition for me each day."

Over the summer, Epenesa went up to Chica to participate in the Nike Football Trainin Camp with many scouts in

2 national Rank

13 D1 Offers

98 Scout Grade out of 100

Photo by Shawn Semmler

attendance. Epenesa blew away all expectations and came back home with the defensive MVP award from camp. Ever since then, it has been pretty clear that Epenesa has a very special talent.

"On pass rush he does a good job putting pressure on the quarterback," Kaltmayer said. "Against the run he reads his keys well and can make tackles for loss."

Although Epenesa is obviously a special talent, he is still maturing in his second season at the high school level.

"I try to help the whole defensive line if I can," senior defensive lineman Jeff Clubb said. "Usually coaches find things to point out and help us with, but if I can give (Epenesa) advice for a certain read I do."

There is no doubt that Epenesa is a great player and in a few short years with a little more maturing, he will be a dominating factor in the Southwestern Conference and turning on the road to greatness.

Where's Waldo?

Legendary Coach is Respected by Colleagues Past and Present

story by: Bailey Zimmer, Staff Writer

PREPARATION IS THE process of being ready for a certain situation. This trait, out of the many attributes of Mr. Mike Waldo, may be the most pivotal.

Mr. Waldo, the head basketball coach and pitching coach at EHS for three decades now, started out with nothing, literally nothing.

In 1980, Waldo started his coaching career as an assistant under head baseball coach Bill Funkhouser. When Funkhouser retired in 1981, Tom Pile was hired to take over the Tiger baseball program as head coach. When Waldo asked Pile to join his coaching staff, Pile gave him an unpaid assistant coaching job.

"I didn't think he would be a great pitching coach," Pile said. He also added that he knew Waldo was a good basketball player in high school; however, although he was a lengthy 6-foot-4, he was very inconsistent throwing strikes at Granite City North.

In 1981, Waldo asked Pile if he could work with the pitchers. "I kept an eye on him," Pile said. "It wasn't long until I trusted him 100% with the pitching staff." Once Pile officially named him as the permanent pitching coach, Waldo was finally offered a salary.

"I had to give him money on the side for gas and McDonalds hamburgers because he was poor," Pile said. At this time, Waldo taught in Alton, coached basketball at Granite City as an assistant and was now the pitching coach at Edwardsville.

At this point, Waldo had made a very important impression that would stick with him the rest of his career. For the next 18 years, Waldo and Pile worked to achieve greatness for the EHS baseball team.

Mr. Pile says several things make Waldo a great coach. First is his preparation for every aspect of the game. He leaves nothing to chance. Second is his intelligence. If he didn't know something, he would find it out. Third is his work ethic. He will not quit until the task is done. Fourth is that he has a gift that only few people have. He knows how to teach very well.

"None of his players want to let him down," Pile said. The work ethic of Waldo makes him respected throught the community.

Photo by Shawn Semmler

Coach Mike Waldo directs his team during a basketball game in the 2013-2014 campaign.

Photo by Nina Weatherly

Coach Waldo takes a mound visit to the mound with junior pitcher Tyler Hosto and senior catcher Brock Weimer.

Waldo said that the way to teach hard work is through demand.

Currently working with his third head baseball coach at EHS, Waldo has done nothing but make his pitchers the best they can be.

"(Waldo) brings a wealth of knowledge and experience to the game," current head coach Tim Funkhouser said. "He continues to analyze every aspect of the game and probes questions about everything."

Being involved in dual sports, the 57-year-old Waldo has racked up over 1,000 wins in baseball, including 23 regional crowns, 13 sectional titles, and 11 trips to state and two state championships. In basketball he's won over 600 games in his (coaching) career. "I'm thankful for the hard workers that I've coached," Waldo said.

"Iron Mike," as some call him, is also extremely respected on the hardwood. Waldo's first varsity basketball coaching job was at Alton Marquette in 1983. In 1988, he was offered the Edwardsville head coaching job, and he couldn't pass it up.

Since he has been at Edwardsville, he has done nothing but great things for the Tiger basketball program. Kyle Stewart, one of Waldo's assistant basketball coaches, explained that Waldo's immense amount of work ethic and the concentration on every detail of the game helped the team stay focused. "He is a leader by example," Stewart said. A true leader knows to prepare his or her players for every game they play.

"Coach Waldo treats every game the same," assistant basketball coach Allen Duncan said. He also added that Waldo emphasizes practice and the ability to make practices harder than the games.

As long as Waldo has been a coach at Edwardsville, the teams have done nothing but succeed. "The way to win is to prepare," Waldo said. "Success is a by-product of preparation."

It's a 'Ramily' Business

EHS senior's second Home is the Dome

story by: Peter Byers, Staff Writer

THERE ARE FANS, and then there are diehard fans. Senior Aaron Jackson, also called "Chief Ram," is just that: die hard.

"The guy (Jackson) is at every home game, all eight of them," senior Matt Zielonko said. "Something has to go terribly wrong for him not to be the first one tailgating at nine in the morning for a noon game."

Not convincing enough?

"You know, I've never been a religious person, but being in the dome certainly makes me feel like I'm in heaven," Jackson said.

> **"It's an honor 'strapping up' with the Rams every Sunday."**

Jackson gives credit to his late grandfather who was an avid Rams fan and lifelong season ticket holder at the Edward Jones Dome. "It's an honor 'strapping up' with the Rams every Sunday," Jackson said.

Senior Fahd Shakeel is also an avid Rams fan like Jackson. "[Jackson's] love for the Rams is unique," Shakeel said. "It is something you don't see out of a fan whose team hasn't made the playoffs in 10 years. He is a different breed of a superfan."

Jackson previews each game closely, as if he watches game film with the Rams coaching staff. Rams head coach Jeff FIsher, is someone that Jackson looks up to. "Coach Fisher is always drawing up those plays that just get you going," Jackson said.

Jackson prefers to sit at the top section in The Edward Jones Dome, section 443, to be specific. "That's where the real fans sit. You get to see the whole game break down right before your eyes," Jackson said. "You also get to see the penalties that the refs don't see, which sometimes might get my mouth in trouble. Section 443 is home to the real fans."

The recent news of the Rams' owner, Stan Kroenke, possibly moving the team back to Los Angeles terrifies Jackson. "I wouldn't know what to do. That would be a nightmare," Jackson said. "I hope the Rams ownership could at least keep the football team in St. Louis."

Jackson's recent favorite memory includes when defensive end Chris Long 'knighted' Robert Quinn as a royal. "It was a total Ram move or a 'TRM' as I like to say. It was one of the funniest things I have ever seen in a professional sport," Jackson said.

"Of course another great memory of mine would be The Greatest Show On Turf. Watching the 2000 Super Bowl Rams was a treat, even as a young four year old Ram. I'm hoping we can get another one of those Super Bowls in St. Louis soon. FTR."

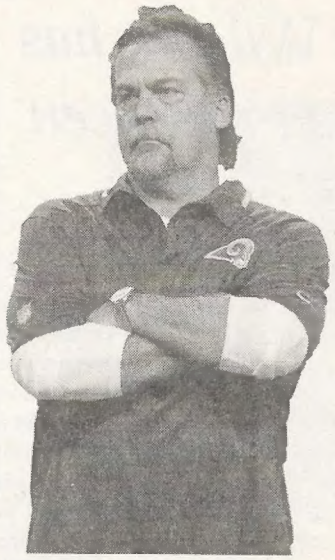


Photo courtesy of AP Images

St. Louis Rams head coach Jeff Fisher watches his team intensly during pre-game.

Photo by Peter Byers

Jackson poses in section 443 before the Rams start at game in the 2013 season.

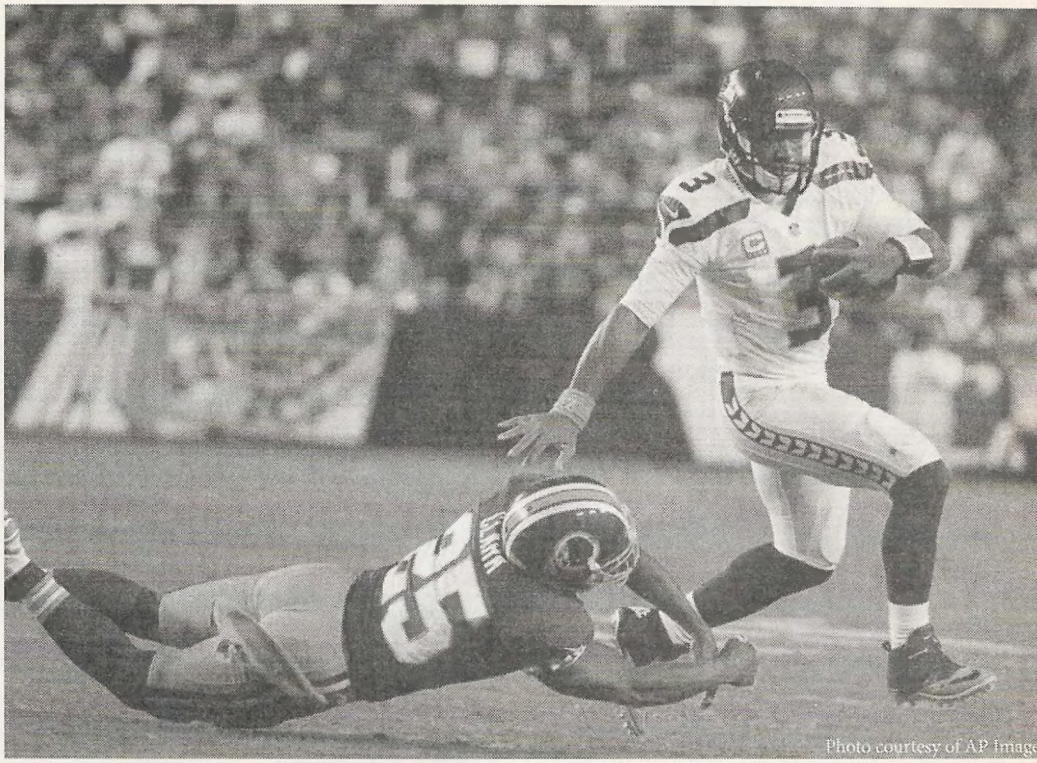
Photo by Fahd Shakeel

Jackson and his "Ramily" attend the Monday night football game against the 49ers in the 2014 season.

The Evolution of the Quarterback

From Manning to Wilson, has the torch been passed?

Story by: Drew Bradley, Staff Writer



Seattle Seahawks Quarterback Russell Wilson scrambles away from Washington Redskins Safety Ryan Clark for a touchdown during week 5 on Monday Night Football at FedEx Field in Landover, Md. Two weeks later, Wilson became the first quarterba in NFL history to pass for 300+ yards and rush for 100+ yards in a single game.

THE POSITION OF the quarterback in the NFL is, perhaps, the most important position of the entire team - all plays must flow through the quarterback. Not only does the position require tremendous skill, but also strong leadership and the ability to maintain chemistry with your teammates. There are two main ways to portray the skill of the quarterback: the traditional pocket-passer and the quick mobile gunslinger.

In the past decade, the elite QBs have been traditional pocket-passers. QBs like Peyton Manning, Drew Brees and Tom Brady have earned the spotlight with their golden arms. Though not quick, as none of them have eclipsed more than 160 rush yards in a season, they rely on their ability to read defensive coverages and complete passes through the tiniest windows.

By winning a total of seven MVP awards and being chosen to play in 18 Pro-Bowls among the three, these three have basically re-written the record books and look toward future Hall of Fame inductions. Manning, Brady and Brees remain the elite throwers, but will soon retire.

These elite pocket-passers are about to be gone from football with no one else to take their place. Sure there is Aaron Rodgers, the scrambling signal-caller for the Packers, but he runs a more West-Coast offensive scheme so that he can drop back and scramble or run on the play action. Matthew Stafford, QB for the Lions, and Philip Rivers, QB for the Chargers, are similar to the style that Rodgers's portrays.

The traditional pocket-passer is being overtaken by the more exciting mobile thrower. While several other QBs practice this, Colin Kaepernick, Russell Wilson and Cam Newton have excelled at this. Though none will reach the 5,000 passing yard mark, and barely reach 4,500, they don't need to. Their modern style of play relies on reading the opposing blitz to counter with a quarterback option, using their quickness to outrun sack-hungry linebackers and being able to throw on the run more often than not. Their arms are not as valuable, but their legs are where the money is.

For many NFL fans, this type of play becomes more exciting and more thrilling. Since you can hardly predict what decision the mobile QB will make, it's the element of surprise that pulls in the fan.

The mobile trend has started to become an evolution, as all the best college signal-callers are working to perfect this skill. Since 2012, five starting NFL QBs that are considered mobile have entered the league compared to a pocket-passing two.

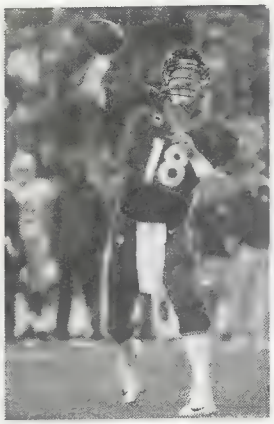
"The position has evolved," said senior standout QB Dan Marinko. "It has become a lot more mobile and in more control of the offense."

The traditional pocket-passer is being rivaled, and maybe even being beaten. Last year's Super Bowl showed the fans that new-school can defeat old-school, as Russell Wilson led the Seahawks past Peyton Manning and the Broncos.

For an opposing defense, a mobile QB can be a hungry defense's poison apple. The quick-footed gunslinger can drop back to pass in order to draw the defense back in coverage and then scramble for a handful of yards, causing the defense to change their game plan. The change, in turn, results in gaps in the defensive scheme, allowing for monster plays to break loose.

Career Rushing Yards (As of Week 7 2014)

Peyton Manning



689 Yards
(16 years)

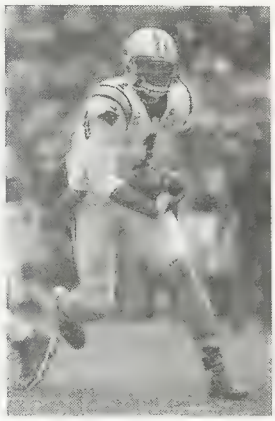
Tom Brady

778 Yards
(15 years)

Russell Wilson

1,355 Yards
(3 years)

Cam Newton



2,222 Yards
(4 years)

All photos courtesy of AP Images

"I think the mobile quarterback is a better offensive game plan because you don't need a receiver to be great and it changes the defensive gameplan," said senior football enthusiast Anthony Kindle. "I think that is why more and more [mobile QBs] are coming into the league."

So, why doesn't every NFL team use this offensive tactic? Well, there are drawbacks. All the wear and tear on the legs of the mobile QB results in shortened careers. This is why a traditional pocket-passer can play for decades (just ask Brees, Brady, and Manning). Robert Griffin III, the mobile leader in Washington, tore up his knee at the latter of his rookie season and just severely sprained his ankle this year in Week 2. Since the mobile quarterback is always running, he is more susceptible to injury.

Though mobile throwers Michael Vick, Fran Tarkenton and Randall Cunningham have thrived in the past, the pocket-passer has always dominated the game. It isn't until right now that NFL fans have questioned that.

Denver Broncos Quarterback Peyton Manning fires career touchdown pass no. 507 to Emmanuel Sanders against the San Francisico 49ers on Sunday Night Football at Sports Authority Field at Mile High Stadium.

All photos by Maggie Mackin

From left to right: Urban Decay Naked 2 & 3 palettes, Buxom Stay-There eye shadow in Mutt, Maybelline Stylish Smokes in Natural Smokes, Rimmel Lasting Finish lipsticks by Kate Moss, Buxom lipstick, Maybelline Great Lash Mascara, Maybelline eye lash curler, Benefit the Pore-fessional, Tarte Lights, Camera, Splashes waterproof mascara, theBalm Mary-Lou Manizer primer

Make-up supplied by Ashlynne Kaliher & Maggie Mackin

Fall into seasonal make-up trends

The change of season brings a change in make-up

Story by: Maggie Mackin, Staff Writer

PULL OUT THOSE nude eye shadows and dark lipsticks ladies (and guys, if you're into that). From bright purples and pinks to dark reds and maroons, it's that time of year again. When the air turns chilly and fall begins, it's time to make that switch to darker, warmer colors.

As most people know, browns and other darker, muted colors go perfectly with the fall weather. This applies not only to clothing, but eye shadow as well.

"Neutral colors match more [during fall]," junior Tiffany Clark-Cheney said.

This includes anywhere from darker browns to light nudes, matte or with a hint of sparkle, all of which are included in Urban Decay's pricey but worth it Naked 2 eye shadow palette.

For someone not willing to spend the big bucks, drug store makeup works just as well. Senior Elaina Kauzlarich likes Maybelline's Expert Wear Eye Shadow Trios in brown.

"It will stay on well throughout the day without a second application, and when I sleep in it it's pretty fresh still," she said.

A quick and easy fresh-faced look without a lot of eye shadow includes the addition of a light, shimmery color to the inner corners of your eyes paired with a neutral colored lipstick and mascara. The shimmer in the corner will make your eyes pop. Sophomore Jada Wright's favorite quick and easy routine for fall is foundation, mascara and lipstick.

As far as the lips go, Wright is an expert. When the season changes, so do the colors of her lips. During summer, she sticks to bright colors, and when the cooler weather hits, she switches over to dark colors.

"[In] summer I wear bright purple, pink and red," Wright said. "[During winter] dark mahogany, reds, browns and extremely dark purples."

Senior Midori Grabowski's favorite color to wear during fall is maroon.

"It's [like] my favorite color right now," she said.

Not only do color choices change, when the weather finally starts getting cooler, it makes wearing makeup easier. The heat of summer makes wearing even a little bit of foundation or eye shadow difficult.

Clark-Cheney and Wright agree that it's simpler to wear as little make-up as possible during the summer.

"You just sweat it [make-up] off [during summer]," Wright said.

Now that fall is here, there are more make-up possibilities as long as you stick to darker colors and neutrals. But no matter the season or what is said, red lips are perfect for any occasion.

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'Gone Girl' Hits Theatres

Book-inspired screenplay jolts the big screen this fall

Photo Courtesy of AP Images

Actress Rosamund Pike waves as she arrives for the photo call of her movie "Gone Girl," in Rome, Friday, Sept. 12, 2014.

story by: Eden Coppersmith, Staff Writer

AN R-RATED FILM defending its box office title over a two- week span? It has only been done one other time in the past four years ("The Curious Case of Benjamin Button") but not like "Gone Girl" with its surprising twists and crude scenes.

This film had people lined up outside the movie theatre lobbies waiting to see it on Oct. 3. Fans of Gillian Flynn's 2012 best-seller were buzzing about how excited they were to see how the movie plays out with Ben Affleck starring as Nick Dunne and Rosamund Pike as Amy Dunne. The movie is about a couple who lives in a little town called North Carthage, Mo., and finds themselves stuck in a very unromantic situation for their fifth anniversary.

Affleck may not be the best actor of his generation ("Daredevil" and "Runner, Runner"), but director David Fincher took advantage of the actor's weaknesses. With a missing wife, Affleck's character does not seem to be acting the way the media think he should, which is something Affleck did well. He is a disconnected actor, and in this film that actually made him more believable. Affleck pulls off the role of Dunne better than any other of his characters that I have seen. But the real star is Pike.

Although she is not there in the beginning of the movie, Pike's Amy pulls in viewers through a few flashback scenes and diary entries. Her part was not just to play a run-of-the-mill defenseless housewife but much more. Throughout the movie, you see different sides of her story, making you emotionally attached until you see the real her.

Flynn's screenplay has the wheels in viewers' heads turning trying to figure out what will happen next. Because it is an R-rated film, the movie would not be something to let a child see or even possibly some teenagers, with some raunchy and gruesome scenes that had me covering my eyes.

Something cool about seeing this movie was being able to point out the different places I have been that appeared in the film. The town of North Carthage is actually Cape Girardeau, Mo. I could not have noticed that by just watching the movie, but knowing it beforehand made the movie a little bit more interesting. Fincher pictured the cast being there for only two weeks but ended up staying for six, according to the St. Louis Post-Dispatch.

Reading the book prepared me for some things that happened, but at the same time some scenes were way too horrific. Viewers who have not read the book are in for a massive plot-twist. I would recommend it, but proceed with caution.

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Shed Summer Trends, Grow Into Fall

Bring out the scarves, knits for summer to fall switch

story by: Ashlynne Kaliher, Staff Writer

IT'S THAT TIME of year again: grab your sweaters and leggings and toss the shorts and flip flops to the back of your closet. As the weather gets cooler during the fall, it's pretty difficult to stay warm unless you're wearing layers of clothing.

Summers are extremely hot to the point where the heat may be unbearable. Of course you would wear something to keep you cool. Fall, on the other hand, is a bit chilly.

The good thing about fall is that wearing layers is easy to do and makes picking out your attire more enjoyable.

It's easy to be lazy and not feel like dressing up because you can throw on a t-shirt and jacket and still be considered "hipster" enough to go outside.

Dressing up might actually be easier for certain people; maybe they're better at picking out a dress and some combat boots with a few accesories.

During the summer, the usual attire is rather casual- shorts, a t-shirt and flip flops. Summer outfits are effortless and they can sometimes look not so put together because of their simplicity. Fall outfits are more fun and you can switch them up a bit because you can experiment with many different pieces of clothing.

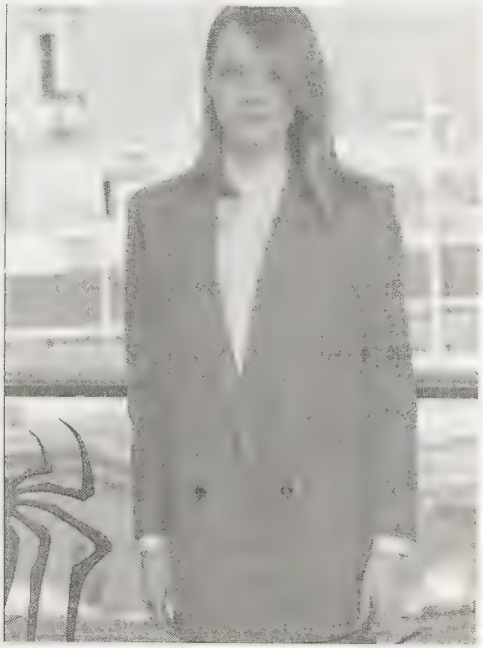
A nice outfit choice for the ladies during the fall might be leggings, a big sweater and combat boots. Such an easy ensemble can still look cute, especially with the right accessories.

Every store sells fall clothing, but some perhaps sell the "best." Forever 21 is one of the best for girls because they have such a variety of patterns of sweaters and leggings. From Aztec designs to pumpkins or leaves, you could definitely find something you like. Their accessory section is endless, so there's always a necklace or earrings to match your outfit.

For the guys, any store sells decent fall clothing, such as Kohl's. Some boys choose to just wear jeans and sweatshirts, but others like to dress up instead. Anything from khakis and a button-down shirt to jeans and a sweater is acceptable for the fall weather; it's all about whatever your style is.

An easy way to transition your style from season to season is to go on a small shopping spree at your favorite store.

Fashion is a way to express your personality and that's what makes it so fun. Don't hold back; your style is what makes you unique.



From left to right: Solange sports a fall look at the Alexander Wang fashion shoot in New York on Oct. 14, 2014. Film actress Emma Stone exhibits her autumn fashion taste with a long blazer and collared shirt at a photo call for "The Amazing Spider Man 2." Alicia Keys rocks Tommy Hilfiger fall fashion while attending a premiere in New York City in October 2013.

'Hunger Games: Mocking Jay Part 1' Preview: Katniss Becomes the Symbol of Freedom

The rebellion is on, the hype is on, the excitement is real...

story by: Devin Kane, Life Editor

WITH THE RELEASE of the official "Hunger Games: Mockingjay Part 1" trailer and the lead single 'Yellow Flicker Beat' by Lorde, the countdown to Nov. 21 has officially begun for some. For others it began the moment they stepped out of the theater after seeing "Hunger Games: Catching Fire."

After the successful recovery of the series by new director Francis Lawrence with "Hunger Games: Catching Fire," Mockingjay is being held to high standards. "I like this new director and I'm excited to see where he takes us with 'Mockingjay,'" senior Carson Crow said.

"Catching Fire" left us all clinging to the edge of our seats and begging for more as Katniss, played by Jennifer Lawrence, awakes in what seems to be a Capitol aircraft only to find out that she's heading to the District 13. But where is Peeta?

In the preview, Peeta looks to be under Capitol control demanding all rebellion to stand down and stop the fighting.

"Mockingjay" will be the first movie in the series that does not feature an actual Hunger Games but the rebellion against the Capitol.

With all the districts rebelling, Katniss is seen as the Mockingjay. She represents the rebellion, and the district rebels look to her for guidance in overthrowing the Capitol.

In Lorde's single "Yellow Flicker Beat," she describes Katniss as "A princess cut from marble, smoother than a storm."

She also sings the line "they used to shout my name, now they whisper it," accurately describing the change in mood from the games in "Hunger Games" and "Catching Fire" to the rebellion in "Mockingjay."

Expect big things when it comes to the soundtrack for "Mockingjay Part 1" because Lorde was given the reins.

Lorde's music is a perfect fit for the Hunger Games series because her dark style matches the tone of rebellion in this movie.

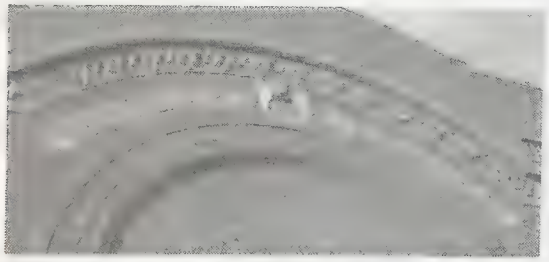
"Mockingjay" is the third and final book in the Hunger Games series, but the movie will be split into two parts like "Harry Potter and the Deathly Hallows."

"I think it was a good choice (to split the book into two movies) because then they don't have to take out many parts from the book," Crow said.

The question that still remains is, where will it end? No matter where the producers decide to leave us hanging, it'll be sure to make us all wanting more.

"Mockingjay Part 1" takes theaters by storm Nov. 21.

Photo Courtesy of AP images



Expand Visits to the Gateway to the West

Five places you should spend time seeing in St. Louis...

story by: Shawn Semmler, Staff Writer

AH, SAINT LOUIS. The beautiful skyline with the Arch and Busch Stadium. I just love Busch Stadium and the Arch. When my family comes into town, we always show them all that Saint Louis has to offer - the Arch and Busch Stadium. Sometimes we even go out to eat in Ballpark village before the game. It's great! I love Saint Louis! Cool bro, we all get it.

So you've been to the Arch and Busch Stadium - which don't get me wrong - are awesome. But if you limit your St. Louis visits to just those two cornerstones, you're missing out on blocks and blocks of adventures, excitement, and seasonal magic.

Here are a few places that if you haven't had the chance to visit yet, then you should, soon.

Moolah Theater and Lounge
Grab a blanket, get a soda, and kick back on one of the big leather couches because you're at the Moolah Theater. Fitted with couches and bowling lanes, this gem is a great place to relax and see a film or go bowling. It's available for a whole afternoon and evening worth of activities. They show a wide variety of films and sometime Cardinals games, so be sure to check before you make the trip. Their bowling alley is rarely vacant, but they have always been able to accommodate me when I've gone.

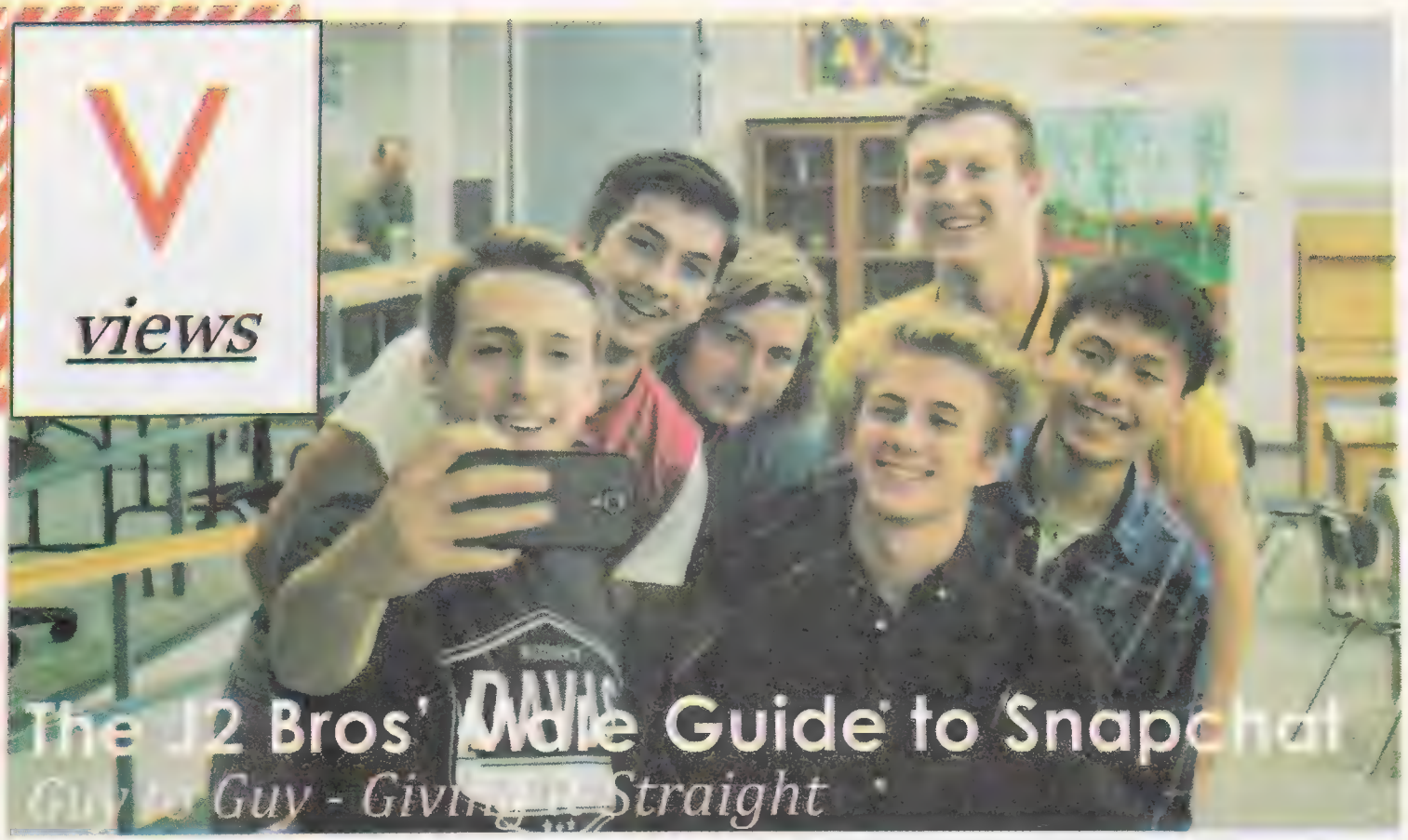
Fitz's Restaurant and Microbrewery
If you haven't discovered their signature root beer for yourself, that should be on the top of your list for things to do this weekend. The regional soda bottling company has received praise from Rachel Ray and the Food Network and for good reason too. Inside the restaurant the urban feel of the city is embraced as the focus of layout is centered on the windows into the bottling assembly line, giving the customer a unique look behind the scenes. Topped with three scoops of ice cream, try any one of their 20 original Fitz Floats. Their food ain't bad either; you must try one of their Fitz's floats with any choice of a signature dish. I recommend the flavorful House Smoked Pulled Pork.

Grant's Farm
Started by the Anheuser-Busch family over a century ago, this 281-acre wildlife preserve is best compared to a zoo that is more hands-on. If you've ever wanted to feed a goat or pet a Clydesdale, Grant's Farm is your place. The farm is modeled after an early 1900s German town and has a relaxed pace that beats out the hustle and bustle of the St. Louis Zoo. Check their website for upcoming events.

Creve Coeur Lake
This location is great for the more adventurous, thrill-seeking individual. It's complete with paddleboats, kayaks, zip lines, and mountain biking trails. If you do all this, this weekend then you've done it wrong. The Creve Coeur Lake is one that I continually return to and discover more and more about. Go Ape is the company that runs the zip-line, and it's great. The course takes you through hours of zips, rope courses, and swings all at least 40 feet off the ground.

The Firebird
The band and banging, you and your friends are accompanied with about 50 other new friends in a night of dancing and enjoying quality music. With a low ceiling but wide floor space, this theater is a great spot for anyone looking to hear a variety of live performances from up and coming comedians and bands alike. Groups like Parachute, New Politics, and American Authors have made their way to the Firebird before hitting the mainstream waves. Their shows are ideal for the concert-goer on a budget with tickets ranging from $8-$20 on any given night. If you like the Pageant - you'll love the Firebird.

So if you're looking for something new to spice up your day out in St. Louis try these five exciting places.

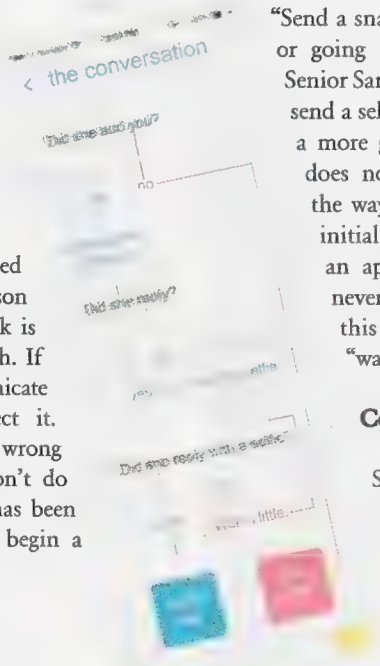


The J2 Bros' Male Guide to Snapchat

Guy - Giving It Straight

Story by: Journalism 2 Bros Editorial Staff

YOU KNOW THAT cute girl in class. You talk every now and then, you kind of like her, but you're not sure if she is into you. So, test the waters with Snapchat. But let's face it, you don't know how to do it – your Snap game is soft. "Honestly, some guys just need help," senior Torrie Kruse said.



You've Added Her

Alrighty, hopefully she has added you back – if not, then sorry son – that's it. Her adding you back is the first "hurdle" to get through. If she isn't really trying to communicate outside of class – she'll reject it. There's really no right way or wrong way to add someone – just don't do it at at like 2 a.m. Once this has been accomplished, we can start to begin a casual conversation.

Start the Snapping

So you don't want to snap her right when you add her because then she'll have a pending snap when she sees your request – that's not alright. You could risk looking overzealous and needy. But then you also don't want to wait forever, cause that's not progress. We suggest that you start off with a snap of something you're doing such as "Dinner with the bae" with a photo of one of your bros eating.

"Send a snap of something you are doing or going to, like a game or practice." Senior Sara Radae advises. "You can't just send a selfie – that'd be weird." Sending a more general Snapchat inclines, but does not force, them to respond in the way a selfie with "hey!" Such an initial snap could be too strong of an approach. We suggest that you never start a snap conversation in this way – save your "hey's" and "wassup's" for texting.

Continue the Conversation

So you're starting to snap "on the regs," which is great, but before you get up on your high horse and try to ask her on a date, you need to check one key place. If you're not on her top 3 best friends, you might want to hold off and keep to the talking. With that being said, you can't blame a guy for getting ambitious, so if you feel that the time is right – go ahead and ask her out. Please note that if you go for it, do it face to face. "It's less genuine and it seems like you might be talking to more than one girl if you do it over a text or something," senior Teagen Potter said.

Making the Move

Perhaps you're not really feeling the whole going out on a whim and asking her out, but you'd definitely like to go on a date with her. Here's our suggested route to going on a date. Find something that you've got in common such as Starbucks or Bread Co – ladies love them some Starbucks and Bread Co. So, preferably in person, ask her if she'd "be down" to come study with you sometime. It's a way to play it safe – you'll be working on homework so there's no big pressure to keep a constant conversation. After this point, you should be ready to take off the training wheels and ask her out on a formal date. This is where our route with you ends. You go do you. Be confident and happy – you got this bro.

Snapchat is a great way to go from friend-zone to the more than friend-zone, but you must use it wisely. As a wise man once told me, "with great power comes great responsibility." So, be sure to use Snapchat wisely, and sticking to these guidelines are a good place to start. We cannot guarantee a 100% success rate with these steps, but it's always seemed to work for us (depending on how you want to define "work").

The Do's and Don'ts of Snapchat

"Do send me photos, not videos. Ain't nobody got time for videos."
Ashton Hubler, Junior

"Do use emojis."

Claire Ebert, Junior

"Do screenshot my snap, and make me your woman crush Wednesday."
Emily Lange, Senior

"Don't send me mirror selfies."

Kelsi Delgado, Senior

"Don't Snapchat me after bedtime; my face isn't ready to respond."
Dana Kelsey, Senior

"Don't take yourself too seriously. Funny faces are good too."
Ann Munneke, Senior

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GPA Calculations Stress Out Students

Students scramble to boost their GPAs the best they can...

Story by: Emily Ash, Co-Editor-In-Chief

IT'S NO SECRET that EHS preaches a culture of achievement. Students are expected to consistently challenge themselves, be it in an AP Chemistry class, a conference championship match, or a high-achieving service club.

In the classroom, this "race to the top" translates into a high-stakes competition of academic excellence, leaving students to meticulously predict and calculate their GPAs down to the nearest hundredth.

But before you punch another set of digits into your calculator to predict your supposed "value" as a student, ask yourself: Does the GPA scale at EHS truly maximize potential, or is it a flawed evaluation, unfairly skewing student achievement?

Dozens of students duke it out each year for a top spot in their class. Even freshmen are bundles of nerves as they carefully select and navigate their courses, tailoring their GPAs to optimize "success," at least in the eyes of the GPA scale.

"I took summer school to make room for more Honors classes later on," freshman Jordan Heinrichs said. "I'd say my main goal is to keep the highest GPA I possibly can. I don't care if classes are harder if they don't help my GPA."

With all this fuss over maintaining the "perfect" GPA, it's difficult to ignore a glaring flaw in the system: with Honors and AP-level courses weighted equally, where is the motivation for students to challenge themselves with an AP course if they can receive the same weighted grade with an often far easier Honors equivalent?

"In an Honors class, I might have a packet that takes about an hour and that's my homework for the week. In my AP classes, I'll spend hours every night doing homework and studying," senior Kallen Loveless said.

A six-point scale in which six points are awarded for an 'A' in an AP class, and five in an Honors class would seem to provide incentive for students to "go AP," so why doesn't EHS adopt a new system?

"The GPA scale we use is somewhat outdated. I will admit that," EHS counselor Heather Neese said. "We've been using this scale as long as I've been working here, and we had hardly AP classes even 10 years ago. It just wasn't something that was part of the conversation at the time."

"Dozens of students duke it out each year for a top spot in their class."

In fact, according to EHS Guidance records, the same scale has been used to calculate GPA since the 80s. Certainly much has changed in terms of course offerings in the last 30 years, so perhaps some change is in order.

"We basically haven't looked at changing the scale just because GPA is simply too important. It would take a lot of 'yes's' from a lot of people for a change to ever go through," Neese said. "Colleges will go to GPA to determine scholarship eligibility. Changing such an important component of the student profile would take time. That's why we haven't looked at it too seriously before."

Although it doesn't look as though change is coming to the GPA scale any time soon, academic dynamos in each class continue to bemoan the almost laughable difficultly differences between Honors and AP classes.

"If it weren't for the college credit I get for AP classes, there's no way I would take them," Loveless said. "I mean, you can't even compare doing fill-in-the-blank worksheets in Honors Psych to the proof we do in AP Physics. It just isn't fair that those two are considered equal, and I understand why people would play it safe with Honors classes. When it's your GPA on the line, there's just too much at risk."

Is Radio Becoming too Mainstream?

What's the deal with radio when you can make your own playlist?

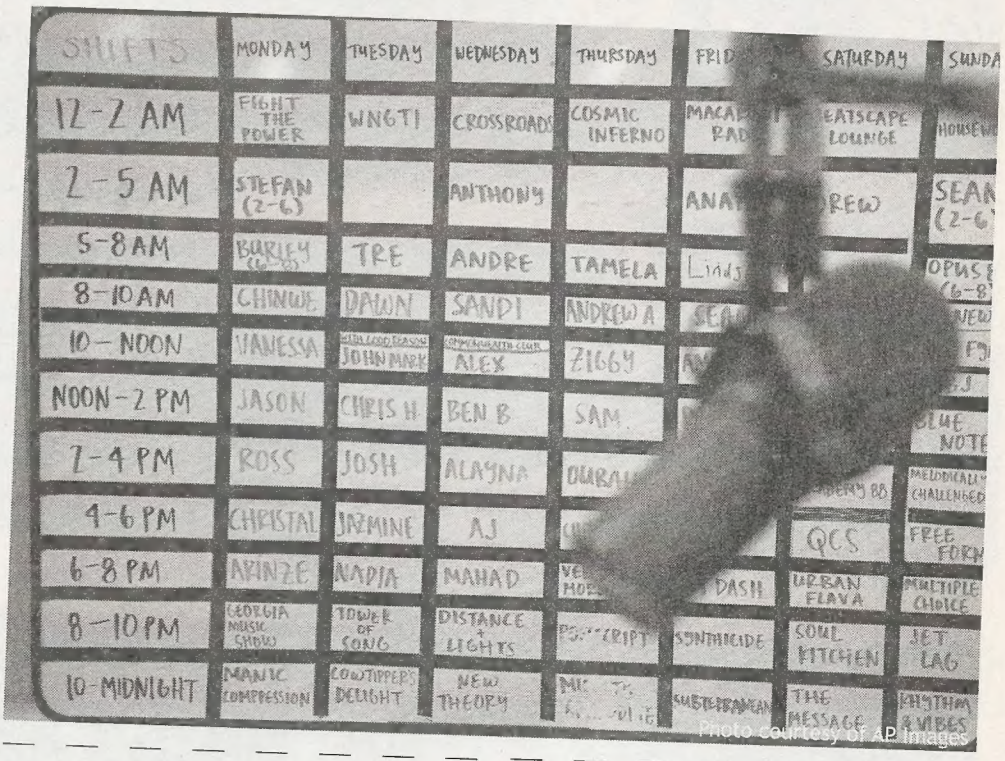


Photo courtesy of AP Images

Story by: Drew Bradley, Staff Writer

PERHAPS THE ONLY thing that teenagers love more than a morning Starbucks run and a new text message from a secret crush is their music. Music is one of the only things that can make a person go from feeling sad to as happy as a kid with 10 quarters in a room full of gumball machines. The ability of music to change a human's emotions is beyond extraordinary.

From singing in the shower to blaring music with the top down in the convertible, listening to music has become easier than ever. Any music lover can choose a favorite song on an iTunes playlist in a matter of seconds. Also, with the creation of music apps such as Spotify and Pandora, singing along to the classic piano of Elton John is just a couple finger taps away. So, who uses radios anymore? Old people?

"The radio allows you to listen to a variety of music, and it chooses the song for you," senior Ashleigh Fleck said. "It's also free."

Okay, so some young people still enjoy the radio. But how annoying are those commercials and constantly repeated songs? "The advertisements are definitely hated, but I don't think the repeated songs matter to me," Fleck said.

It's true that there are positives in using the radio. It's free of charge, and doesn't require time to add songs to a playlist. It's also safer than using your phone to choose a song when driving. Perhaps most importantly, it gives listeners a variety to listen to whenever they don't prefer a certain song or artist.

But when it comes down to it, everybody wants to make their own choices. "I'd rather listen to my own playlist and CDs, because that way I can choose the songs or artist I'd like to listen to," senior Juan Perez said. Fleck also responded that she would rather listen to her own list of tunes.

> *"From singing in the shower to blaring music with the top down in the convertible, listening to music has become easier than ever."*

The downfall of the radio is that a listener can't choose what song to play. This inability causes the listener to have to wait through several songs, and advertisements, in order to hear a decent song. The worst part is that the listener possibly won't even enjoy the songs that the DJ is playing. The worst song on a personal playlist has to be better than Nicki Minaj's latest excuse for music, which appears on the radio all too often. So, why waste your time when you could be listening to a personal favorite?

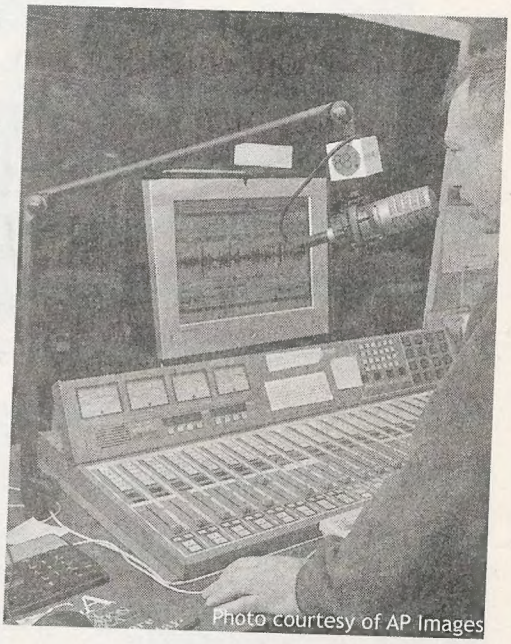
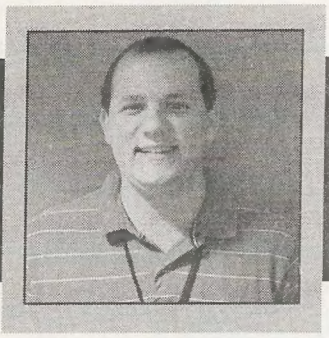


Photo courtesy of AP Images

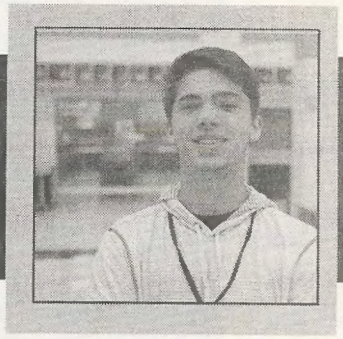
Question of the Quarter:

What's your favorite thing about fall?



"Marching Band."

-Mr. Ashten Perigo



"Tailgating at Rams' games and playoff baseball."

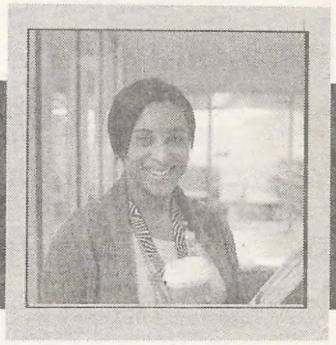
-Mitchell Krebs, Senior

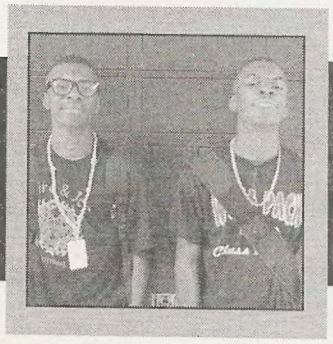
"Sports and being a part of Orange Rush."

-Jack Lever, Senior

"Cute boots, warm sweaters, and my Starbucks coffee."

-Mrs. MiKala Thompkins





"Wearing crew necks and stuff."

-Clayton and Claude Herbert, Juniors

"The trees."

-Jennifer Werner, Junior

"The changing of the leaves, Halloween, Thanksgiving and yummy food."

-Mrs. Krystle Wagner

"I think it's pretty and the changing of leaves."

-Ms. Tammy Manley

"The weather."

-Thomas Snyder, Freshman

"Postseason baseball."

-Collin Clayton, Junior

"The spiced apple cider from Starbucks and the smell."

-Mrs. Sairee Knabe

"The leaves and the pretty colors."

-Sahar Rabiei, Freshman

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